CURRICULUM OF OBSTETRICS & GYNECOLOGY

MBBS COURSE Contents

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INTRODUCTION

EDUCATIONAL HOURS

	OBSTETRICS & GYNECOLOGY				
Year	Theory	Practical	Total		
4th year	50 hours	hours 30 hours (4 week clinical rotation)			
5th year	100 hours	120 (6 week clinical rotation)			
Total	Total 150 hours 150 weeks/year)		300 hours		
Strategy	Lectures Problem based learning Small group discussion Case based discussion	Clinical attachment Evening duties in wards Clinical skills laboratory Early clinical exposure			

LEARNING OUTCOMES

AT THE END OF CURRICULUM STUDENT WILL BE ABLE TO

- Students will demonstrate his ability to obtain a relevant clinical history from a female and obstetrics patients.
- Student will demonstrate his ability to perform adequate clinical examination of female with pregnancy and gynaecological problem.
- Student will be able to interpret clinical and laboratory data to arrive at a diagnosis.
- Student will be able to advise appropriate nutritional measures for pregnent female.
- Student will be able to counsel the parents on health promotive and disease preventive strategies for females e.g. immunization procedures; hand washing)
- Student will be able to recognize and manage common health problems of female and pregnent.
- Student will recognize the danger signs of disease in female and be able to appropriately refer with severe disease to appropriate specialists/hospitals.
- Student will demonstrate his ability to perform essential clinical procedures relevant to females and pregnancy.
- Basic cardio-pulmonary resuscitation.
- Pelvic and abdominal examination.
- Measuring blood pressure
- Starting intravenous lines/ draw blood sample
- Insertion of IUCD.
- Papsmear.
- Antenatal evaluation.

EDUCATION STRATEGIES

The educational strategies in this curriculum are multiple and aligned with domain of learning and according to the desired outcome

Interactive lectures

One-third of the curriculum will be delivered in a traditional didactic format including PowerPoint presentations and case discussions. Didactic education is considered to be a one-way transmission of material from teacher to learner, we cannot overlook the possibility of meaningful interaction between experts and learners during live lectures. This type of interaction, which allows for immediate clarification of concepts and extension of knowledge, may be particularly important for novice learners who have relatively little exposure to the subject matter, such as our study population(4).

Case based Discussion

A lot of emphasis is on case based discussion during ward placement. Problem-based learning (PBL) is complex and heterogeneous. A wide variety of educational methods are referred as PBL. These include Lecture-based case, Case based lecture, Case based discussions, Problem or inquiry based and Closed loop or reiterative. Incorporation of case based discussion in teaching enhances the critical thinking and problem-solving skills. It also helps in developing a broader prospective of clinical case scenarios (5).

Small Group Discussion

Small group discussion provides a unique environment to achieve high standards in medical education. Activation of prior knowledge, exchange of ideas, and engagement at a higher cognitive level are assumed to result in deeper learning and better academic achievements by students (6).

Clinical Skills Sessions

Clinical skills session are important part of curriculum to achieve psychomotor and affective outcomes. Learning manual skills is a fundamental part of health care education, and motor, sensory and cognitive learning processes are essential aspects of professional development. Simulator training has been shown to enhance factors that facilitate motor and cognitive learning. Students learned manual skills, how to perform the procedure, and professional behaviour. They learned by preparing, watching, practising and reflecting. The simulator contributed by providing opportunities for students to prepare for the skills training, to see anatomical structures, to feel resistance, and to become aware of their own performance ability (7).

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ASSESSMENT

MCQ's and SEQ's

Multiple choice question and short essay question test will be used at the end of part of curriculum to assess the learning of knowledge. These all assessment exercises will be formative. The written tests like Multiple-Choice Questions (MCQs) and Short-Essay Questions (SEQs) test formats are used for the assessment of cognitive domain. The MCQs are more objective and essentially select type of item response format. MCQs have a cueing effect, which promotes guessing and leads to higher scores. In addition, writing MCQs of higher cognitive level of problem solving is challenging. On the contrary, the SEQs are more subjective and have a supply or construct type item response format, which does not have any cueing effect and can effectively assess problem solving skills(8).

OSPE AND LONG CASE

Short case and OSCE will be used to evaluate clinical skills and procedural skills at the ward end of placement. The OSCE is a method of clinical skill assessment, and it has been reported to be appropriate for assessing learning achievement levels in the psychomotor and emotional domains, which are difficult to evaluate with written examinations(9).

CLINICAL LOG BOOK

Clinical log book is meant for self directed learning (SDL) and assessment of students. The clinical logbook includes reflection which helps the students to set educational goals.

MINI-CEX

Mini-CEX is used to assess the clinical skills and problem solving skills of medical students. This is the tool used by clinical teachers. This can assess all three domains, Pyschomotor, cognitive and affective. This also used as formative assessment.

Evaluation plan		
Each Module	Written test (MCQ and SEQ)	Formative
After ward placement	Ward test (OSCE and short case)	Formative
At end of 36 weeks	Send up exam (MCQ and SEQ) Viva voce	Formative
Annual	University Professional exam	Summative

INTERNAL ASSESSMENT

- i. The weightage of internal assessment shall be 10% of totals marks.
- ii. Continuous internal assessment shall consist of evaluation at the end of each assignments, class tests etc., attitudinal assessment from educational supervisors.
- iii. Assessment of knowledge, Skills and Attitude shall contribute toward internal assessment. Methods used to assess these domains shall include Multiple Choice Questions of one-best type, Short essay questions, Oral/Viva, and Practical/Clinical axaminations.
- iv. The score of internal assessment shall contribute to the score in the final examination, Final university examination of each subject shall contribute 90 to total score, and the candidate shall pass in aggregate.
- v. Proper record of continuous internal assessment shall be maintained.

LEARNING RESOURCES

The department of Obs & Gynae will require following resources for implementation resources:

- Human resource
- Instructors (faculty members 8)
- Curriculum coordinator curriculum secretary
- Infrastructure
- Lecture hall with AV aids
- Tutorial room with AV aids
- Clinical skills Lab with manikins
- Simulated patients and simulated manikins
- Computers

LISTS OF CONTENT RESOURCES

- Obstetrics by Ten Teachers by Stuart Campbell and Christoph Lees. 17th Ed 2000.
- Gynaecology by Ten Teachers by Stanley G. Clayton and Ash Monga 2006.
- Essentials of Obstetrics and Gynecology by Neville F. Hacker, J. George Moore, and Joseph C. Gambone. 4th ed. 2004
- Notes on Obstetrics & Gynecology by Stirrat, Mills, Draycott. 5th Ed. 2003.
- Text book of Obstetrics and Gynecology by Rashid Lateef
- Obstetrics and Gynecology by Arshad Chauhan
- Online Journals and Reading Materials through HEC Digital Library Facility.

CONTENTS MODULES

	COURSE CONTENTS					
	1st Term	Module 1: Introduction to obstetrics. Module 10: Anatomy & Physiology of Female Genital tract				
4th Year	2nd Term	Module 2: Physiology of pregnancy Module 11: Menstrual Disorder				
	3rd Term	Module 3: Labour Module 12: Early Pregnancy complication				
	1st Term	Module 4: Antepartum care. Module 5: Medical Disorders Module 12: Infertility contraception Module 13: Neoplasias				
Final Year	2nd Term	Module 6: Obstetrics complication Module 7: Multifetal gestation Module 14: Pelvic floor disorder Module 15: Infection of genital tract				
	3rd Term	Module 8: Postpartum care Module 9: Obstetric procedure Module 16: Gynecological surgery Module 17: Clinical skills				

IMPLEMENTATION

The curriculum will be spread over 2 year with 36 working weeks each year. During this period student will be exposed to various education strategies to achieve the learning objectives.

4th Year.

In this year student will be placed on ward attachments and clinical skills lab. formative assessment of clinical skills will be started.

Theory (Lecture, SGD and PBL)	Practical (Ward Placement, Skills lab)	
50Hours (36 Weeks)	30 Hours (4 Weeks)	

Final Year.

In this year student will be placed on ward attachments and clinical skils lab. All students will be assessed for knowledge and clinical skills during year. This year will have summative assessment as final professional at the end of year.

Theory (Lecture, SGD and PBL)	Practical (Ward Placement, Skills lab)
100 Hours (36 Weeks)	120 Hours (6 Weeks)

FOURTH YEAR WARD ROTATION IN OBSTETRICS & GYNECOLOGY

Duration: 4 weeks (75 hours)

Location: ward, OPD, Tutorial room

Tutors: Assistant professor, associate Professor, Professor

	Ward	С	Р	Α	% age	Assessment
Week 1	History taking of obs/gynae. Clinical exam of obs/gynae.	C2 C2	P1 P1	A1 A1	15	Ward test Mini CEX OSPE
Week 2	Antenatal visits Instruments. Labour Pelvic Diameter.	C2 C2	P1 P1	A1 A1	15	Ward test Mini CEX OSPE
Week 3	Fetal monitoring Endometerial sampling Contraception.	C2 C2	P1 P1	A1 A1	15	Ward test Mini CEX OSPE
Week 4	Forcep's Vacum Delivery Vaginal discharges Pre and post operative care	C2 C2	P1 P1	A1 A1	15	Ward test Mini CEX OSPE

Evaluation:

- Attendance of 75% is mandatory
- 15 clinical histories must be completed on history register
- Every Saturday will be formative assessment for course work of that week
- End of course work will be ward test
- Ward test will be long cases

FINAL YEAR WARD ROTATION IN OBSTETRICS & GYNECOLOGY

Duration: 6 weeks (100 hours) Location: Ward, OPD, Tutorial room

Tutors: Assistant Professor, Associate Professor, Professor

	Ward	С	Р	Α	% age	Assessment
Week 1	Labour management. 3rd stage complication. AUB management	C2 C2 C3	P2 P2	A2 A2	15	Ward test Mini CEX OSPE
Week 2	Early pregnancy complication. APH, Fibroid uterus. Ovarian cyst Preterm labor	C2 C2 C3	P2 P2	A2 A2	15	Ward test Mini CEX OSPE
Week 3	PIH, Eclampsia Infertility management Malpresentation Ovarian masses	C2 C2 C3 C3	P2 P2	A2 A2	15	Ward test Mini CEX OSPE
Week 4	PID, PPROM Diabetes, Postdates Induction of labour.	C2 C2 C3	P2 P2	A2 A2	15	Ward test Mini CEX OSPE
Week 5	Vaginal discharge Twins, UV prolapse Steps of LSCS Polyhydramnios	C2 C2 C3	P2 P2	A2 A2	10	Ward test Mini CEX OSPE
Week 6	Liquor abnormalities Steps of hysterectomy C/D of Gynecological Thromboembolism	C2 C2 C3 C3	P2 P2	A2 A2	10	Ward test Mini CEX OSPE

Evaluation:

- Attendance of 75% is mandatory
- 15 clinical histories must be completed on history register
- Every Saturday will be formative assessment for course work of that week
- End of course work will be ward test
- Ward test will be OSPE and 2 long cases

PROGRAMME EVALUATION

Purpose of Evaluation

The major goals of the evaluation are to provide information that the students can use to achieve curricular objectives and that the faculty can use to monitor quality of and improve curriculum.

Design of Evaluation

The evaluation design as only posttest.

Users of evaluation: students, curriculum faculty, Principal Office

Resources: Curriculum faculty and departmental secretaries. No additional funding

Evaluation guestion:

- What percentage of students achieved 75% mandatory attendance?
- What percentage of students achieved pass marks in university exam?
- What are the strengths of the curriculum? What are the weaknesses? How can the curriculum can be improved?

Because of limited resources, the evaluation was kept simple. Data Collection was integrated into the curriculum schedule. The major goals of the evaluation are to provide information that the students can use to achieve curricular objectives and that the faculty can use to monitor quality of and improve curriculum. The evaluation design as only posttest.

End of curriculum evaluation form:

This will be filled by students and faculty members for evaluation of adequacy with each content was covered, whether they would recommend the curriculum to others and written comments on curriculum strengths, weaknesses and suggestions for improvements.

Annual Report:

Based on evaluation of the educational programe report will be generated annually and submitted to Medical Educational Department.

TABLE OF SPECIFICATION OBSTETRICS (MCQ's)			
No	Subject	MCQ's	
1	Physiological changes in pregnancy.	2	
2	Normal Fetal Development.	2	
3	Abnormal Fetal Development.	2	
4	Assessment of Fetal Well Being.	3	
5	Role of investigations.	1	
6	Antenatal Care.	4	
7	Pain relief in Labour	1	
8	Normal Labour.	4	
9	Abnormal Labour.	4	
10	Puerperal Disorders.	3	
11	Medical Disorders in Pregnancy.	4	
12	Role of Imaging and Radiology.	2	
13	Statistics.	2	
14	Neonatology.	1	
	Total	35	
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	TABLE OF SPECIFICATION			
	GYNECOLOGY (Short Essay Questions)			
No	Subject	MCQ's		
1	Physiology of Pregnancy.	1		
2	Antenatal care including investigations.	1		
3	Assessment of Fetal Well Being.	1		
4	Intrapartum Care - Normal Labour	1		
5	Abnormal Labour.	1		
6	Post - Partum Disorders.	1		
7	Medical Disorders in Pregnancy.	1		
	Total	7		

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TABLE OF SPECIFICATION			
	GYNECOLOGY (MCQ's)		
No	Subject	MCQ's	
1	Anatomy and embryology of genital tract	2	
2	Disorders of puberty and obvulation.	2	
3	Disorders of menstruation.	4	
4	Abortions.	2	
5	Ectopic gestation.	1	
6	Intertility.	2	
7	Endometriosis and adenomyosis.	1	
8	Infections of the genital tract.	3	
9	Uterovaginal prolapse.	2	
10	Urogynecology and fistulae.	1	
11	Benign diseases of genital tract.	4	
12	Malignant diseases of genital tract.	4	
13	Contraception.	2	
14	Menopause and HRT.	2	
15	Common gynecological procedures.	2	
16	Pre-intra and post operative care.	1	
	Total	35	

TABLE OF SPECIFICATION GYNECOLOGY (Short Essay Questions)				
No				
1	Anatomy and development of the genital tract.	1		
2	Disorders of menstruation.	1		
3	Abortions including ectopic gestation.			
4	Infertility and Endometriosis.			
5	Infections of genital tract.	1		
6	Benign tumours of genital tract.	1		
7	Malignancies of the genital tract.			
8	Displacements of the uterus and urinary problem.			
9	Contraception. 1			
10	Common gynecological procedures.	1		
	Total	10		

TABLE OF SPECIFI	CATION FOR OSPE
OSPE	TOTAL MARKS 75 Total Station 20 (05 Rest Station) 05 Marks at Each Station
Static Stations	Total Station 10 05 stations obstetrics 05 stations gynecology
Interactive / Observed Stations	Total 05 Stations interactive. 3 Obstetrics 2 Gynecology

FINAL PROF	ESSIONAL	MARKING	G SCHEME	

FINAL PROFESSIONAL MARKING SCHEME						
Theory						
	SEQ	MCQ	Int. Ass	Sub Total		
Obstetrics	35	35	15	150		
Gynecology	30	35	15	150		
Clinical						
Long case OSPE Int. Ass Sub total						
60		75	15	150		
				Total: 300		

Contents	Objectives	Domain	Strategy	Assessment
Module-1: Introduction of obstetrics				
	 Introduction. Obstetric history taking and examination. Conception, implantation and development of placenta, fetal circulation, abnormalities of placenta. 	C3P2A2 C3P2A2 C3	WARD/SGD WARD/SGD LEC/SGD	OSPE/SC OSPE/SC MCQ/SEQ
Module-2: Physiology of pregnancy				
	 Foetal skull and bony pelvis. Diagnosis of pregnancy. Physiological changes associated with pregnancy. 	C3 C3 C3	S-LAB/SGD LEC/SGD LEC/SGD	OSPE MCQ/SEQ MCQ/SEQ
Module-3: Labour				
	 Physiology of labour. Mechanism of labour. Management of labour. Complications of 3rd stage of labour. Abnormal labour e.g. Prolonged labour/obstructed labour. Pre-term labour. Induction of labour. 	32322 25	LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ
Module-4: Antipartum care				
	 Ante-natal care. Early pregnancy loss and its management (Abortions) 	C3P2A2 C3P2A2	WARD/SGD WARD/SGD	OSPE/SC OSPE/SC
Module-5: Medical disorders of pregnancy				
	 Pregnancy with anaemia Pregnancy with heart disease Pregnancy with diabetes Pregnancy with jaundice/hepatitis Renal problems during pregnancy Pyrexia in pregnancy Hypertensive disorder, PET, Eclampsia 	2222222	LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ

Module-6: Obstetrics complications				
	 Pre-maturity, Post-maturity. Ante-partum haemorrhage. Hydramnios. Hyperemisis gravidarum. Obstetric shock. Intra uterine growth retardation and its 	222222	LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ
	 Fetal distress and its management. Obstetric injuries/ruptured uterus. Haematological disorder of pregnancy e.g. Rh incompatibility, Thalassemia major/minor 	33333	LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ
Module-7: Multifetal Gestation and Malpresentation	ation			
	 Fetal Monitoring. Fetal presentations. Breech presentation. Occipito posterior position. Brow presentation. Face presentation. Cord prolapse/compound presentation. Transvese lie/unstable lie. Multiple pregnancy. 	C3P2A2 C3P2A2 C3P2A2 C3P2A2 C3P2A2 C3P2A2 C3P2A2 C3P2A2	WARD/SGD WARD/SGD WARD/SGD WARD/SGD WARD/SGD WARD/SGD WARD/SGD	OSPEALC OSPEALC OSPEALC OSPEALC OSPEALC OSPEALC OSPEALC OSPEALC
Module-8: Postpartum care				
	 Puerperium (normal and abnormal). Examination of the new-born baby. Resuscitation of new-born. Minor problems of the new-born. Foetal congenital abnormalities. 	C3P2A2 C3P2A2 C3P2A2 C3P2A2 C3P2A2	WARD/SGD WARD/SGD WARD/SGD WARD/SGD	OSPEAC OSPEAC OSPEAC OSPEAC OSPEAC
Module-9: Obstetrics Procedures				
	 Operation delivery, Forceps delivery. Vacuum delivery, Caesarean section. Examination of the new-born baby. Resuscitation of new-born. Vital statistics 	C3P2A2 C3P2A2 C3P2A2 C3P2A2 C3P2A2	WARD/SGD WARD/SGD WARD/SGD WARD/SGD	OSPEAC OSPEAC OSPEAC OSPEAC OSPEAC

	Contents		Objectives	Domain	Strategy	Assessment
	Module-10: Anatomy and physiology of female genetal tract	e genetal	tract			
		• Intra • Ans • Ger	Introduction. Anatomy of female Genital organs, Development of female genital	888	LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ
		org	organs. Puberty and adolescence. Ovulation and its clinical importance. Normal menstruation.	C3 C3 C3	LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ
	Module-11: Menstrual Disorders					
		• • • Gyr	Menstrual abnormalities. Gynaecological history taking and examination Menopause, Hormone replacement therapy.	C3P2A2 C3P2A2 C3P2A2	WARD/SGD WARD/SGD WARD/SGD	OSPE/LC OSPE/LC OSPE/LC
	Module-12: Infertility and Contraception					
		• • Cor	Infertility. Contraception. Ectopic pregnancy.	222	LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ
	Module-13: Neoplastic disorders of genetal tract	act				
С			Trophoblastic tumours. Vulval lesions Tumours of vagina. Tumours of tervix. Tumours of ovaries. Tumours of fallopian tubes.	3222223	LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ
URR	Module-14: Pelvic floor disorders and urogyneocology	eocology				
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21	www.imc.edu.pk					

Contents	Objectives	Do-main	Strategy	Assessment
Module-15: Infectious disorders of female genetal tract	act			
	 Vaginal discharges. Infections of female genital tract Infections of upper genital tract Infections of lower genital tract 	2222	LEC/SGD LEC/SGD LEC/SGD LEC/SGD	MCQ/SEQ MCQ/SEQ MCQ/SEQ MCQ/SEQ
Module 16: Gynaecological surgery				
	 Minor gynaecological operative procedures. Major gynaecological operative procedures. Pre-operative preparations. Post-operative complications and its management. Role of USG in gynaecology. 	C3P2A2 C3P2A2 C3P2A2 C3P2A2	01/S-LAB 01/S-LAB 01/S-LAB 01/S-LAB	OSPE/MCQ OSPE/MCQ OSPE/MCQ OSPE/MCQ
Module 17: Clinical Skills				

Domain	Level
Knowledge	C1 Knowledge C2 Comprehension C3 Application C4 Analysis C5 Synthesis C6 Evaluation
Psychomotor	P1 Observe P2 Practice P3 Adjust P4 Master P5 Develop P6 Construct
Affect	A1 Receiving A2 Responding A3 Valuing A4 Organization A5 Characterization