

# PORTFOLIO



2022-23

---

## FIRST YEAR MBBS

**Department of Medical Education**  
**INDEPENDENT MEDICAL COLLEGE FAISALABAD.**





# INDEPENDENT MEDICAL COLLEGE

Guiding your passion to profession

## DEPARTMENT OF MEDICAL EDUCATION

### STUDENT PROFILE

(Fill in **Block** letters)

Student  
Recent  
Photo

### PERSONAL DATA

Roll No.		Session:	
Student's Name:			
Father's Name:			
Date of Birth:			
CNIC No.			
Permanent Address:			
Postal Address:			
Contact Detail:	Cell Phone: Email:		



# **Block-1**

FIRST YEAR MBBS

Code	PERLs- 1-01
Learning Outcomes	Describe a Portfolio Describe types of portfolios Identify Portfolio entries Write reflection based on Gibbs reflective cycle
Outcome	Reflective Writing
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_







Code	PERLs- 1-02 <b>PROFESSIONALISM</b>
Learning Outcomes	<p>Demonstrate non-verbal and verbal communication skills.                  Describe principles of Communication.                  Discuss types of Communication at professional level.                  Identify different Communication Styles.                  Explain the importance of non- verbal communication.                  Demonstrate active Listening. Describe assertive Communication techniques.                  Describe barriers to Effective Communication.</p>
Outcome	Communication encounter with a peer or teacher
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-03 <b>PROFESSIONALISM</b>
Learning Outcomes	Follow the dress code and rules and regulations of the institution. Demonstrate punctuality
Outcome	Quiz on rules and regulations of the institution.
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-04 <b>PROFESSIONALISM</b>
Learning Outcomes	Describe characteristics of a team Describe types of teams Discuss stages of team development Identify various team roles Discuss barriers to effective teamwork
Outcome	Self- evaluation through reflective writing.
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_







Code	PERLs- 1-05 <b>ETHICS</b>
Learning Outcomes	Maintain personal privacy while sharing information Identify cyberbullying, harassing, and sexting Describe cybersecurity laws Discuss digital rights and responsibilities
Outcome	Case discussion of cyber bullying
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-06 <b>RESEARCH</b>
Learning Outcomes	Discuss Science and scientific evidence.
Outcome	Assignment on application of scientific method to a problem.
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-07 <b>LEADERSHIP</b>
Learning Outcomes	Strategic planning Personal development plans Goal Setting.
Outcome	Written gaps in being a learner with goals.
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_







# **Block-2**

FIRST YEAR MBBS

Code	PERLs- 1-08 <b>PROFESSIONALISM</b>
Learning Outcomes	Demonstrate punctuality.
Outcome	Attendance record
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-09 <b>LEADERSHIP</b>
Learning Outcomes	Self and/or teacher feedback
Outcome	Self and/or teacher feedback
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_







Code	PERLs- 1-10 <b>PROFESSIONALISM</b>
Learning Outcomes	Demonstrate respect of diversity in gender, age, culture, race, religion, abilities, and sexual orientation for peers.
Outcome	An encounter with a specially able person
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-11 <b>ETHICS</b>
Learning Outcomes	Design a professional digital footprint and use appropriate online etiquette and follow rules for every Internet resource.
Outcome	Professional profile on LinkedIn
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-12 <b>PROFESSIONALISM</b>
Learning Outcomes	Describe responsibility to oneself. Discuss responsibilities of being a learner.
Outcome	Written assignment
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_







Code	PERLs- 1-13 <b>PROFESSIONALISM</b>
Learning Outcomes	Discuss professional code of conduct.
Outcome	Case analysis of non- professional practice
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-14 <b>LEADERSHIP</b>
Learning Outcomes	Work respectfully and effectively with their peers.
Outcome	Peer feedback
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_







Code	PERLs- 1-15 <b>LEADERSHIP</b>
Learning Outcomes	Set Learning Goals
Outcome	List of goals
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-16 <b>RESEARCH</b>
Learning Outcomes	Locate credible scientific evidence.
Outcome	Assignment on building a literature search
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





# **Block-3**

FIRST YEAR MBBS

Code	PERLs- 1-17 <b>LEADERSHIP</b>
Learning Outcomes	Demonstrate patience and tolerance.
Outcome	Teacher feedback
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_







Code	PERLs- 1-18 <b>LEADERSHIP</b>
Learning Outcomes	Demonstrate healthy coping mechanisms to respond to stress.
Outcome	Self or peer evaluation
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_





Code	PERLs- 1-19 <b>PROFESSIONALISM</b>
Learning Outcomes	Developing an argument.
Outcome	Write an argument
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_







Code	PERLs- 1-20 <b>LEADERSHIP</b>
Learning Outcomes	Identify and seek help as and when required to achieve the set goals.
Outcome	A narrative of seeking help from a knowledgeable other in personal or professional life.
Assessor	
result	

**Date Observed:** \_\_\_\_\_ **Signature of Supervisor:** \_\_\_\_\_



